

Day 1		
<i>Time</i>	<i>Subject</i>	<i>Name</i>
0800-0900	Introduction to RLS	
0900-1000	The RLS Kit	
1000-1100	Scene Safety	
1100-1200	Stop The Bleed	
1200-1300	Lunch	
1300-1400	The Blood Sweep	
1400-1600	The C-A-T tourniquet	
1600-1700	Drags & Carries	

Day 4		
<i>Time</i>	<i>Subject</i>	<i>Name</i>
0800-0930	Breaks	
0930-1015	Burns	
1015-1045	Tea Break	
1045-1130	Belly	
1130-1200	Checks, Care & Comfort	
1200-1300	Lunch	
1300-1430	Pelvic Injuries	
1430-1600	Spinal Injuries	

Day 2		
<i>Time</i>	<i>Subject</i>	<i>Name</i>
0800-0900	Revision	
0900-1000	Wound Packing	
1000-1030	Tea break	
1030-1200	Keep Them Breathing	
1200-1300	Lunch	
1300-1400	Chest Trauma	
1400-1530	Hypothermia Prevention	
1530-1615	Evacuation	

Day 5		
<i>Time</i>	<i>Subject</i>	<i>Name</i>
0800-0900	Revision	
0900-1200	Reality Based Scenarios	
1200-1300	Lunch	
1300-1600	Reality Based Scenarios	
1600-1630	<i>Course Debrief</i>	
1630-1645	<i>Course Evaluation Forms</i>	

Day 3		
<i>Time</i>	<i>Subject</i>	<i>Name</i>
0800-0900	Revision	
0900-1200	Reality Based Scenarios	
1200-1300	Lunch	
1300-1600	Reality Based Scenarios	

<i>Notes</i>