

SER	DATE	TIME	LOCATION	SUBJECT	TYPE	INSTR.	REMARKS
001	Day 1	0800-0830		Introduction to Ranger Life Saver			
002		0830-1000		1. Scene Safety			
003		1000-1100		2. The Blood Sweep			
004		1100-1200		C.A.T. Tourniquet Self Looped			
005		1200-1300		Lunch			
006		1300-1400		C.A.T. Tourniquet Self Routed			
007		1400-1430		C.A.T. Tourniquet Buddy Looped			
008		1430-1500		C.A.T. Tourniquet Buddy Routed			
009		1500-1630		Practice Blood Sweep & C.A.T. Placement			
010		1630-1700		End of Day Debrief			
010	Day 2	0800-0830		Revision Blood Sweep & C.A.T. Tourniquet Placement			
011		0830-1000		Wound Packing Technique Hemostatic Gauze			
012		1000-1100		Pressure Bandages			
013		1100-1200		Practice Woundpacking Technique & Pressure Bandages			
014		1200-1300		Lunch			
015		1300-1330		3. Airway			
016		1330-1430		Recovery Position			
017		1430-1630		Practice Woundpacking, Pressure Bandage & Recovery P.			
018	1630-1700		End of Day Debrief				
019	Day 3	0800-0830		Revision Woundpacking, Pressure Bandage & Recovery P.			Round Robin
020		0830-0930		4. Breathing			
021		0930-1030		Chest Exam			
022		1030-1200		Hyfin Chest Seal			
023		1200-1300		Lunch			
024		1300-1400		5. Bodycheck			
025		1400-1530		Splinting Fractures			
026		1530-1630		Hypothermia Prevention			
027		1630-1700		End of Day Debrief			

SER	DATE	TIME	LOCATION	SUBJECT	TYPE	INSTR.	REMARKS
028	Day 4	0800-0900		Revision Chest Exam, Bodycheck, Splinting & Hypothermia			Round Robin
029		0900-1000		The Ranger Life Saver Aide Memoire			
030		1000-1200		Protocol Practice			
031		1200-1300		Lunch			
032		1300-1630		Protocol Practice / Scenario Training			
033		1630-1700		End of Day Debrief			
034	Day 5	0800-0900		Introduction to Snake Bites			
035		0900-1000		Snake Bite Protocol			
036		1000-1200		Pressure Immobilisation Technique			
037		1200-1300		Lunch			
038		1300-1400		Rescue Breathing			
039		1400-1630		Snake Bite Protocol Practice / Scenario Training			
040		1630-1700		End of Course Debrief / Certificates			